



# Instructions for *Swedish or Moravian Star*

By Lucinda Peterson

## Materials

Four (4) strips of paper, ribbon or material

If using material, the width of the strip is 4 times the desired final width. (Cut the strip 3 inches wide if you want the final strip to be .75 inches.) Fold the material as you would to create quilt binding so that the raw edges are inside the fold and not exposed. (Photo 1 & Photo 2)

The strips should be 12 to 14 inches in length

Trim the ends of each strip at an angle. This helps with the weaving process. (Photo 3)

## Make the initial square

Fold each strip almost in half. The ends should be offset by approximately .75 of an inch.

Lay the strips so that the shorter end is on top. (Photo 4)

The strips will be positioned so that each fold surrounds both ends of another strip that is perpendicular to it. If the strips have been positioned correctly, they will form a tight square when pulled. (Photos 5 to 8)

## Make the second square

Turn the square over so that the longer end is now on top.

If the strips are on the left side of the square then fold the top strip down; fold the left strip to the right; fold the bottom strip to the top; fold the right strip to the left and weave it under the first strip. Pull the ends to tighten.

If the strips are on the right side of the square then fold the top strip down; fold the right strip to the left; fold the bottom strip to the top; fold the left strip to the right and then weave it under the first strip. (Photos 9 to 13)

## Make the points

You now have 2 strips on each side. If you started the second square with the strips on the left side of the square, you will start this step with the strip on the right side of the square. If you stated the second square with the strips on the right side of the square, you will start this step with the strip on the left side of the square.

Take the strip and fold it behind and toward the outside of the square. This creates a 45 degree angle. (Photo 14)

Fold the same strip down, creating another 45 degree angle. (Photo 15)

Fold the strip toward the middle of the square so that the 2 angles lie on top of each other. (Photo 16)

Weave the end of the strip under the layer immediately below it. (Photo 17)

Repeat this step for each side of the square.

Turn the square over and repeat for the remaining 4 strips. (Photos 18 to 25)

## Finish

Trim the strips that extend beyond the layer that they are woven under. (Photo 27)

This creates a 2 dimensional star. The original design has 4 points on each side that create a 3 dimensional star. The 3 dimensional stars would not pack or travel well, so I have chosen not to add them. (Photo 28)

There are numerous videos on YouTube that demonstrate the complete method for making these stars. Google Swedish stars and you should have no trouble finding one.



